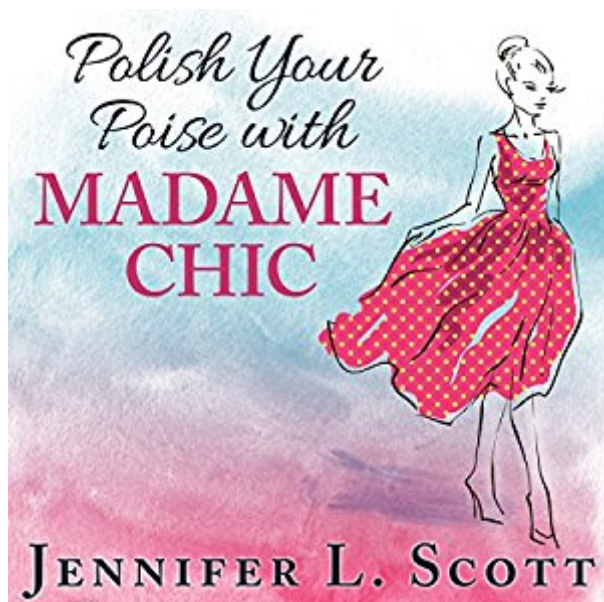


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# Polish Your Poise With Madame Chic: Lessons In Everyday Elegance



## Synopsis

Just step out your door today, and you will notice that poise is a rarity in our wired, fast-paced, and unmannerly world. As uncivil behaviors like flip-flops at Broadway shows and digital oversharing proliferate, this timely book reminds us of the quiet power of behaving with dignity, kindness, and grace. Jennifer L. Scott's Parisian mentor, Madame Chic, embodied poise and not just with the good posture, stylish attire, and natural manners that made her extraordinarily elegant. She also demonstrated steady assuredness and graceful calm in everything she did, from interacting with her family and receiving guests at home to presenting herself in public. Jennifer passes on the lessons she learned as well as some of her own hard-won wisdom, addressing topics such as proper attire at social events, good grooming, communication skills, hospitality and being a good guest, our interactions with neighbors and strangers, role models, self-discipline, and self-image. This inspiring book, full of practical tips and ideas, is certain to start a new conversation about the timeless art of poise.

## Book Information

Audible Audio Edition

Listening Length: 4 hours and 3 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Tantor Audio

Audible.com Release Date: October 27, 2015

Whispersync for Voice: Ready

Language: English

ASIN: B016E0S8IU

Best Sellers Rank: #68 in Books > Reference > Etiquette > Etiquette Guides & Advice #215

in Books > Audible Audiobooks > Nonfiction > Reference #1230 in Books > Audible Audiobooks > Health, Mind & Body > Self-Help

## Customer Reviews

I was fortunate enough to receive an advance copy of Polish Your Poise with Madame Chic: Lessons in Everyday Elegance, the long awaited third book by Jennifer L. Scott. It totally did not disappoint! Written in the same easy-going manner as Jennifer's first two books, Polish Your Poise expands more fully on the concept of cultivating your poise and how this relates to your daily life. Even though I'm very familiar with Jennifer's blog and her first two books Lessons from

Madame Chic and At Home with Madame Chic, there were still new takeaways for me. There were plenty of beautifully worded reminders too in this lovely book, such as this: "You might not be living your dream life right now, but if you're serious about cultivating poise, you must change your perspective. Take pride in absolutely everything you do. Cleaning house. Filing those spreadsheets at work. Ironing your clothes. Dealing with that customer who walks through the door just as you're about to close the shop. Cleaning the pots in your kitchen. Volunteering at your community's spring fair. Take pride in what you do. Give it your all. Give it your full attention. Madame Chic took pride in everything that she did. She didn't waste time griping about her lot in life. If she wanted to be doing something other than what she was doing, I would not have known." There were also many other sections I made notes on, to do with establishing routines, the helpfulness of having still moments throughout the day, exercises to do for good posture, the proper etiquette of greeting people (kiss or hug?) and a great chapter on "charming communication".

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